
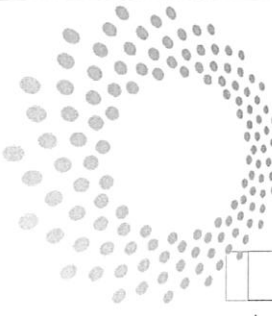


Dementia Support Australia

Introduction to Dementia

Community Awareness – 27<sup>th</sup> November 2018

Dr. Elizabeth String & Mr. Andrew Itala  
Dementia Centre, HammondCare



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Overview

Memory process and changes with ageing

Factors that can impact on memory

Understanding dementia and types

Services: DSA, National Dementia Helpline



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Memory is a process of:

- Acquiring Information
- Storing Information
- Retrieving Information



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As we age, it is common to notice changes in:

- Length of time to process information
- Attention span and information
- Our reaction times
- Ability to learn new information
- Recollection



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Our memory process may be effected:

- In times of Stress or Anxiety
- When we are Fatigued
- When experiencing Depression
- In times of Grief
- When experiencing Pain
- With the use of some Medications



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### What is dementia?

Dementia is Not a Normal part of ageing

It describes the symptoms of a large group of illnesses which cause a progressive decline in a person's functioning such as:

- |          |                      |
|----------|----------------------|
| Memory   | Planning             |
| Language | Changes in Behaviour |
| Thinking |                      |



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Currently:  
436, 366 Australians are living with dementia.

26,443 with Younger Onset Dementia  
(Australian Statistics from Dementia Australia, Sept 2018)



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Diseases which cause.....


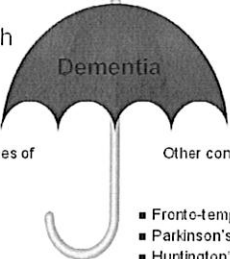
**Dementia**

Most common causes of Dementia

- Alzheimer's disease
- Vascular dementia
- Dementia with Lewy Bodies

Other conditions that can cause dementia

- Fronto-temporal lobe dementia
- Parkinson's disease
- Huntington's disease
- Korsakoff's syndrome



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If you are Concerned...

Speak with your GP



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### Support Services

Dementia Support Australia – 1800 699 799  
Strategies to support behaviour changes  
[www.dementia.com.au](http://www.dementia.com.au)

National Dementia Helpline – 1800 100 500  
Information about dementia & Emotional Support



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### How to refer to Dementia Support Australia



**1800 699 799**  
Anywhere in Australia  
24/7



**Online form:**  
[www.dementia.com.au](http://www.dementia.com.au)  
click on 'referrals'



**FAX:**  
1800 921 223  
(2 day response time to triage)

www.dementiacare.com.au © Dementia Centre HammondCare 2018



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