

Raised Garden Beds for Seniors



The Men's Shed, Garden Club and Health and Wellbeing Coordinator are working together to provide raised garden beds for FREE to seniors in our community who would like to garden without having to get down to ground level. You will also receive a voucher for plants etc from the Garden Club

If you would like to participate please contact Karen Innes-Walker, Health and Wellbeing Coordinator on 22687 or 53969 or karen.walker@hospital.gov.nf

