



## **NIHRACS COVID-19 Vaccination Roll-out Program**

Over 1,000 people have now received their first dose of the Covid-19 vaccination!  
A big thank you to community members who have helped keep our community safe.

### **Booking your 1<sup>st</sup> Vaccination**

We are working to make sure everyone on Norfolk Island has access to safe, effective and free COVID-19 vaccines and would like to invite all residents aged 16 years and over who wish to have the COVID-19 vaccination to now book an appointment. This is a limited time opportunity.

Please phone the GP Clinic on 22091 during business hours

### **Booking your 2<sup>nd</sup> Vaccination**

If you have had your first COVID-19 vaccination with NIHRACS you will be phoned 2 weeks after your first appointment to book in your 2<sup>nd</sup> vaccination.

### **Post vaccination**

After receiving any vaccine, you may experience minor side effects. Most side effects are mild and last no more than a few days.

Common reactions to COVID-19 vaccinations include:

- a sore arm
- headache
- muscle pain
- fever and chills
- feeling unwell
- nausea
- tiredness
- joint pain.

Some people will have more significant flu-like symptoms from this vaccination compared to other vaccines and may require time away from normal activities. People should seek medical attention immediately if they experience these symptoms:

- a severe persistent headache with additional features
  - appears at least four days after vaccination
  - does not improve with simple painkillers
  - may be worse when lying down or accompanied by nausea and vomiting

- neurological symptoms such as:
  - blurred vision
  - difficulty with speech
  - drowsiness
  - seizures
- shortness of breath or chest pain
- a swollen leg
- persistent abdominal (belly) pain
- tiny blood spots under the skin away from the site of injection together with symptoms above.

If you have concerns about any symptoms after your vaccine please phone the GP Clinic on 22091

For more information or questions or to book an appointment please phone the GP Clinic on 22091 during business hours