

Useful Information for explaining COVID-19 to children – Birdie and the virus

Have you met Birdie yet? Birdie is the star in the series of Birdie’s Trees books, videos and other resources developed for young children, their parents and families by Children’s Health Queensland’s, Queensland Centre for Perinatal and Infant Mental Health.

In “Birdie and the virus, a virus has made Birdies’ friends sick, and the Doctors and Nurses help Birdie and her friends.

Click on the link for “Birdie and the virus”, and “Birdie gets her vaccination” <https://www.childrens.health.qld.gov.au/covid-19-birdie-virus/> On this page there are also links to further information about “Covid 19 and your child’s health” and the other Birdie’s Tree Resources, designed to help children and families grow together through natural disasters.

