

Electronic Prescriptions - A convenient alternative to paper prescriptions.

The NIHRACS GP Clinic together with Burnt Pine Pharmacy, are implementing electronic prescriptions to save time, streamline the process of receiving your medication and improving medicine safety.

What is an electronic prescription?

An electronic prescription is a digital version of a paper prescription. During your consultation, your healthcare provider can send your electronic prescription to you or the community pharmacy as an email (or SMS if in Australia).

What are the benefits?

All medicines can be prescribed using an electronic prescription. The message with a link to your electronic prescription is stored on your digital device or at the community pharmacy, so you can access it whenever you're ready.

How to get an electronic prescription?

- During your consultation your doctor will send your electronic prescription to you as an email (or SMS if in Australia). You can also opt to send the electronic prescription to the community pharmacy
- You will then take it to your pharmacy or send it to them
- If you have repeats, a new email (or SMS if in Australia) will be sent to you when you get your medicine from the pharmacy

How to get your medicines?

After your consultation and once you have received your electronic prescription, you will be able to collect your medicine in person by taking your electronic prescription to a pharmacy so it can be scanned.

If you accidentally deleted the email (or SMS) with your electronic prescription token, you can ask for it to be resent. For original prescriptions, contact the prescriber. For repeats, contact the pharmacy that issued the repeat.

If needed, you can forward the SMS or email to a family member or carer so they can collect your medicine

Active Script List (ASL)

A token management solution for all your electronic prescriptions and repeats

The ASL is a solution that can help people who are taking multiple medicines. It provides a consolidated list of all the medicines a patient can have their pharmacy dispense for them. The patient no longer needs to handle multiple tokens on their phone to show the pharmacist; having an ASL means the patient can walk into any pharmacy, give consent for them to access their ASL, and have that pharmacy dispense their medicines. Having a trusted relationship with a doctor and pharmacist means they can use the ASL to help their patient manage their medicines more easily.

How it will work

1. Visit a pharmacy to set up your list.
2. If your doctor needs to prescribe medicine, you can choose an electronic prescription and it will be automatically added to your list, unless you ask your doctor not to add it. You can still get an email (or SMS if in Australia) as well.
3. Go to your pharmacy, forward the SMS (or SMS if in Australia) or email to them or call them to validate your ID so that they can access your list and dispense your medicine.

Dementia Support Australia (DSA) visiting Norfolk Island – 26th April – 29th April 2022

Dementia Support Australia (DSA) is a service led by HammondCare that brings together expertise in dementia care from across the aged care industry. They are federally funded to provide support across Australia, including the Norfolk Island Community.

DSA aims to improve the quality of life for people living with dementia and their carers. We do this by working in partnership with the person living with dementia and their care network to understand the triggers that led to changes in behaviour.

DSA offers non-pharmacological and pharmacological advice and support to clients and to their carers. DSA also provides education and training to aged care facilities and organisations that care and work with people living with dementia.

The DSA team is a multi-disciplinary team consisting of Registered and Mental Health Nurses and Allied Health Professionals with significant experience working in dementia and aged care settings.

If you have been diagnosed with dementia and would like to speak to the team from DSA while they are visiting Norfolk Island, please make an appointment with your GP at NIHRACS GP clinic on 24134 or self-refer by contacting their 24/7 free helpline 1800 699 799.

If you are a carer of someone with dementia and would like to meet with DSA for advice while they are visiting Norfolk Island, please call the Hospital Social Worker Maria on 22091, mobile 50593 or alternatively call DSA to self-refer.

Health and Wellbeing Expo 2022

The Health and Wellbeing Office along with the planning group are in the process of organising the Health & Wellbeing Expo for this year. Last Expo was a huge success with a wide range of Health & Wellbeing exhibitors as well as healthy food options. If you would like to have a table at this year's Expo to showcase your business or organisation or would like to sell healthy food, please contact Maria Massey, and we will send you a form to fill out and return, on maria.massey@hospital.gov.nf or please contact us on 22687 for more information.

Country Line Dancing continues

Country Line Dancing with Carter Stormann is continuing, the next session will be Monday 2nd May and then every second Monday. Put your dancing shoes on and join in the fun whilst being physically active. Cost is \$5.00 per person and all are welcome. It is held at the SDA Hall on New Cascade Rd starting at 5.30pm. Please bring along your water bottle. For further information please contact the Health & Wellbeing team on 22687 or Karen Innes-Walker on 53969



Dental Clinic

The dental clinic will be closed from Friday 15th April till Mon 25th April. Re-opening on Tuesday 26th April.

Information from Norfolk Island Health and Residential Aged Care Service (NIHRACS)

The Hospital, including our Emergency department and General Practice clinic are open.

However, due to COVID-19, entry through the main door is currently monitored by NIHRACS staff.

Where clinically appropriate you may be offered a telephone consultation with our Doctors.

If you are visiting our inpatient ward or the aged care facility you will be required to have a COVID-19 test before you enter.

You may not need a COVID-19 test if you do not have any symptoms of COVID-19 and are fully vaccinated and need to:

- See a GP for a reason that is not infectious
- Access Radiology (for an Xray etc)
- Access Pathology (for a blood test etc)
- Access Immunisation/Child Health services

For all appointments please call the GP Clinic on 24134.

Thank you for your patience and respect of our entry policy.

For medical assistance outside of business hours please call the hospital on 22091.

In cases of emergency, please call 000.