

COMMUNITY SERVICES Updated August 2022

POLICE - Phone 22222 or 000
CRIMESTOPPERS - Phone 1800 333 000
AMBULANCE - 22091 or 000
ST JOHN'S AMBULANCE
 First Aid Training: Phone Louise Donald
 23181 or 51181 or James Garden: 51802
HOSPITAL
 WEBSITE: www.norfolkislandhealth.gov.nf
 Grassy Road : Ph 22091
G.P. CLINIC
 Doctor, Pathology, X-Ray Appointments:
 Ph 24134
SOCIAL WORKER
 Ph 22091
MENTAL HEALTH COUNSELLOR
 Ph. 56400 After hours contact, for
 emergency or crisis only is via the Hospital
 22091 or the Police 22222
DENTAL CLINIC
 Hospital : Ph 22910
CHRONIC DISEASE MANAGEMENT
 Hospital : Ph 22091
PHYSIOTHERAPIST
 Hospital : Ph 22091
DIETITIAN
 GP Clinic: 24134
ANTENATAL CLINIC
 GP Clinic: Ph 24134
CHILD HEALTH CLINIC (0-5 years)
 Thursdays : Ph 24134
ANGLICARE
 If you need to contact an organisation in
 Australia and don't have access to a VOIP
 phone you can use Anglicare's VOIP
 phone. The office is open Monday to
 Friday 9am to 5pm. Ph: 22232

SMOKING CESSATION CLINIC
 GP Clinic: Ph 24134
RESPIRE CARE
 Hospital : Ph 22091
HOSPITAL AUXILIARY
 Assisting Aged Care Residents, call
 Colleen Crane: Ph 51033
RED CROSS
 Telecross check-in phone call service :
 Julie South Ph 22974
CRAFT GROUP
 SDA Church : Ph 22201
CARE NORFOLK INC.
 Registered NDIS provider and approved
 provider for Home Care Packages, MPS
 Home Care Places and CHSP
 services. Offering a wide range of services
 including: NDIS Support Coordination,
 personal care, *Wet's on Wheels*, minor
 home modifications and support with
 garbage collection. For more information
 and to find out more about our complete
 ranges of services, please call our office on
 22396 or VOIP 02 9136 8057 or email
enquiries@carenorfolk.nf
**NI-CONNECT, CHILD AND FAMILY
 WELLBEING UNIT**
 If you need to contact an organisation in
 Australia, you can call into NI Connect and
 use the VOIP phone. The office is open
 Monday to Friday 9am – 5pm.
 Ph 23380
CHILD WELFARE OFFICER
 All hours: 51115
MOTHERS GROUP
 Weekly peer-support group for new
 mothers. Ph Anglicare 22232

LETL PLIEGRUUP (PLAYGROUP)
 For children 0-5yrs and their carers.
 Ph Anglicare 22232
NATIN – Norfolk Assists Those In Need
 financial assistance for those medically
 evacuated. Contact Nomes Ph 56010
HEADSPACE:
 Support for youth and families visit:
www.headspace.org.au and eheadspace
 online chat
**NATIONAL DISABILITY INSURANCE SCHEME
 (NDIS)**
 Remote Planning Team:
 E: remote.planners.nswact@ndis.gov.au
LIFE WITHOUT BARRIERS
 Providing individualised support to people
 with a disability Ph 22833 or 50770
NORFOLK ISLAND SUPPORT SERVICES
 Providing in-home support services for
 seniors and people with a disability
 Ph 22878 or 50966
DOMESTIC VIOLENCE
 Free Local Call 0444
 1800 Respect website:
<https://www.1800respect.org.au>
 1800 200 526 (free call) Free call and
 anonymous. (will not appear on phone bill).
NISEDU
 Special Education Unit : Ph 23000
WHITEOAKS
 Local Seniors Social Group:
 Contact Delwyn Telfer Ph 53533
SERVICE CLUBS
 Lions Club of Norfolk Island and Lions of
 Arthurs Vale. Rotary, Quota, Probus

HELPLINES currently available for free or cost of a local call

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| <ul style="list-style-type: none"> - 1800 RESPECT -1800 737 732 – National Sexual assault, DV etc - Kids Help Line -1800 551 800 - Beyond Blue - 1300 224 636 - Australian Breastfeeding Association 1800 686 268 - MensLine Australia - 1300 789 978 - Headspace -1800 65 0890 – early intervention mental health services for 12 – 25 year old people - Lifeline -131114 - Health Direct - 1800 022 222 - National Diabetes Services Scheme 1800 637 700 - Pregnancy/Birth/Baby Helpline 1800 882 436 - Dementia Support Australia 24 hour Helpline - 1800 699 799 - National Dementia Helpline 1800 022 222 - The Shepherd Centre – Giving deaf people a voice – 1800 020 030 - Cancer Council Helpline – 131120 | <ul style="list-style-type: none"> - Older Persons Advocacy Network (OPAN) contact - 1800 700 600 - Alcoholics Anonymous – 1300 222 222 - National Continence Helpline 1800 330 066 - Breast Screen Australia – 132050 - Family Relationship Advice Line 1800 050 321 - National Debt Helpline – 1800 007 007 - My Health Record – 1800 723 471 - Aged Care Standards and Accreditation Agency – 1800 288 025 - National Immunisation Information Line - 1800 671 811 - Hearing Services Program 1800 500 726 - Department of Health PBS Information Line - 1800 020 613 - Australian Health Practitioner Regulation Agency (AHPRA) – 1300 419 495 - PFAS Dept Health Information Service – 1800 941 180 - Alcohol Drug Information Service – 1800 250 015 | <ul style="list-style-type: none"> - Mindspot Clinic – Online assessment and treatment for anxiety and depression 1800 614 434 - Suicide Callback Service – 1300 659 467 or www.suicidecallbackservice.org.au - Q-Life – anonymous LGBTI peer support and referral, also webchat – 1800 184 527 - SANE Australia – mental health support 1800 187 263 - National Corona Virus Helpline 1800 020 080 - Quitline-Quit Smoking Helpline-137848 - Dept of Health-National Info Line 1800 020 103 - NSW Aged Care Emergency Notification Line 1800 852 649 - Compulsory Reports in Residential Aged Care 1800 081 549 - Aged Care Quality & Safety Commission 1800 951822 - National Cancer Screening Register 1800 627 701 |
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