



Norfolk Island Community Health Promotion Plan

Our Community, Our Focus

July 2022 – June 2025

Updated August 2023

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Introduction

This plan builds on earlier Norfolk Island Community Health Promotion Plans, the first of which was released in 2018. From 2018 until September 2022 funding and significant support has been provided by Central and Eastern Sydney Primary Health Network (CESPHN). To align with the transition of health support services from NSW to Qld the Health and Wellbeing service has transitioned to Brisbane North Primary Health Network (BNPHN) as of October 2022. The Health and Wellbeing team provides regular reports to BNPHN on the progress of this plan.

Much has been achieved in the first 5 years since the appointment of the Health and Wellbeing Coordinator but there are still many areas requiring further development and consolidation as well as numerous additional health and wellbeing areas requiring health promotion interventions.

Underpinning the health promotion plan is the principle that NIHRACS will work with the Norfolk Island community rather than “for” them, respecting Norfolk’s unique history and culture, building upon our Communities’ capacity, assets and strengths and building effective and enduring partnerships with community members, services and local organisations. Appendix One outlines the organisations/community groups etc who have been communicated with regarding this plan.

The importance of health promotion to the overall health and wellbeing of a community cannot be overstated. The following statistics, provided by the Australian Health Promotion Association (AHPA, 2016) in the overall Australian context reinforce this point.

- For every dollar invested in health promotion over five dollars can be saved in health spending. Unfortunately in recent years for every \$100 spent on health, health promotion receives just 40 cents
- Every 4% reduction in tobacco smoking will save 3000 lives in Australia
- Obesity costs \$120 billion every year in Australia – health promotion programs can increase physical activity and healthy eating within schools, workplaces and communities
- Health promotion programs targeting alcohol misuse can save 157,000 hospitalisations in Australia every year
- Reducing disadvantage and promoting mental health can create 170,000 jobs and generate \$8 million in earnings
- Health promotion activities in areas such as diabetes, cancers, stroke and depression can keep half a million people out of hospital.

Background

Ongoing work is progressing on broader health service planning for Norfolk Island, including the planning for a new health facility. It is important that health promotion is integrated into all health service planning undertaken.

Census information from 2021 indicates the Norfolk Island population has increased in recent years, placing greater demands on the existing health and wellbeing services and increasing the need for health promotion activities. The total recorded number of people was 2,188 compared with 1,748 in the 2016 Census. The age distribution is strongly skewed towards an older demographic when compared with the rest of the Australian population (50.4% aged 50 years and over compared with 35.4% for all of Australia). The Census data also provided information on chronic health conditions, see Table One below:

Table 1: Chronic health condition from Census 2021

| Type of long-term health condition <i>All people</i> | Norfolk Island | % | Other Territories | % | Australia | % |
|--|-----------------------|----------|--------------------------|----------|------------------|----------|
| Arthritis | 177 | 8.1 | 252 | 5.3 | 2,150,396 | 8.5 |
| Asthma | 139 | 6.4 | 268 | 5.6 | 2,068,020 | 8.1 |
| Cancer (including remission) | 74 | 3.4 | 102 | 2.1 | 732,152 | 2.9 |
| Dementia (including Alzheimer's) | 23 | 1.1 | 27 | 0.6 | 189,162 | 0.7 |
| Diabetes (excluding gestational diabetes) | 76 | 3.5 | 189 | 3.9 | 1,198,721 | 4.7 |
| Heart disease (including heart attack or angina) | 106 | 4.8 | 161 | 3.4 | 999,096 | 3.9 |
| Kidney disease | 24 | 1.1 | 45 | 0.9 | 231,777 | 0.9 |
| Lung condition (including COPD or emphysema) | 37 | 1.7 | 55 | 1.1 | 441,109 | 1.7 |
| Mental health condition (including depression or anxiety) | 114 | 5.2 | 187 | 3.9 | 2,231,543 | 8.8 |
| Stroke | 20 | 0.9 | 34 | 0.7 | 234,609 | 0.9 |
| Any other long-term health condition(s) | 157 | 7.2 | 269 | 5.6 | 2,041,929 | 8.0 |
| No long-term health condition(s) | 1,274 | 58.2 | 2,723 | 56.9 | 15,292,718 | 60.2 |
| Not stated | 285 | 13.0 | 983 | 20.5 | 2,066,251 | 8.1 |

Note 1: Respondents had the option of reporting multiple long-term health conditions. Therefore, the sum of all long-term health condition responses for an area will not equal the total number of people in the area.

Note 2: Calculated percentages represent a proportion of the number of people in the area (including those who did not answer the long-term health conditions question).

More information on [Type of long-term health condition \(LTHP\)](#)

Table based on place of usual residence

Health data previously gathered also indicates a higher incidence of overweight or obesity, psychological distress, cardiovascular disease, diabetes and hypertension when compared with the overall Australian or NSW population, although in some of these cases the rates were comparable with regional and remote population data., (Norfolk Island

Hospital Enterprise, Health Services Survey Report, February 2015 (R&S Muller Enterprise Pty Ltd). This report also provided some data on physical activity levels, sexual activity by young people, mental health, alcohol, smoking and other drug use on risk, indicators of domestic violence, mobility and access to health care services. It should be noted that the sample was over represented by older people and data interpretation was not extensive and a comprehensive analysis wasn't performed.

Research finding published in 2005 (Bellis et al) indicated that Norfolk Islanders with "Bounty" heritage had a genetic pre-disposition to an increased prevalence of cardiovascular risk factors, including hypertension, increased blood lipids and obesity. This research has become longitudinal with the most recent health data collection occurring over several months spanning 2021-22. The 2021 census data indicates over 25% of Norfolk's population has Pitcairn heritage so any greater pre-disposition to these factors is significant.

In 2016 the Central and Eastern Sydney PHN Needs Assessment Report indicated that the main communicable diseases on Norfolk Island were sexually transmitted infections (STIs).

This Needs Assessment report, which drew on a range of data sources, also indicated cancer screening rates were low due to the lack of available local cancer screening services. During 2018 breast cancer screening commenced with an agreement now in place to continue to provide yearly breast screening clinics.

Brisbane North Primary Health Network (BNPHN) are currently finalising their Health Needs Assessment for Norfolk Island with a public facing document expected soon.

Local community health data is now being collected through the GP Practice software, with a recent report (16.08.2023) including all local clinic patients (n=2401) finding that:

- 4.1% of patients were recorded as having a diagnosis of Coronary Heart Disease
- 4.5% of patients had a diagnosis of Diabetes
- 2.5% of patients were reported as having Chronic Obstructive Pulmonary Disease
- 2.7% of patients were reported as having renal impairment or Chronic Kidney Disease
- 18.8% with diagnosis of hypertension
- 10.2% of patients 10 years and above were reported as daily current smokers 3.7% as irregular current smokers, 21.4% Ex Smokers, 43.4 % Never smoked, however over 13.9% of the total patients (10 years and older) did not have their smoking status reported so the real percentage is likely to be higher.

Up until June 2023 the Health and Wellbeing Advisory Sub-Committee (of the Norfolk Island Community and Clinical Consultative Committee, CCCC) provided advice on the NI Community Health Promotion Plan. This group was formed in August 2018 and has met regularly since and includes two community representatives, as well as some local agencies including NIHRACS. Regular reports were made on activities to the CCCC. AS the CCCC is no longer meeting this sub-committee terms of reference will need to be reviewed and this Plan will be tabled at the NIHRACS Governance Advisory Committee (GAC) for endorsement.

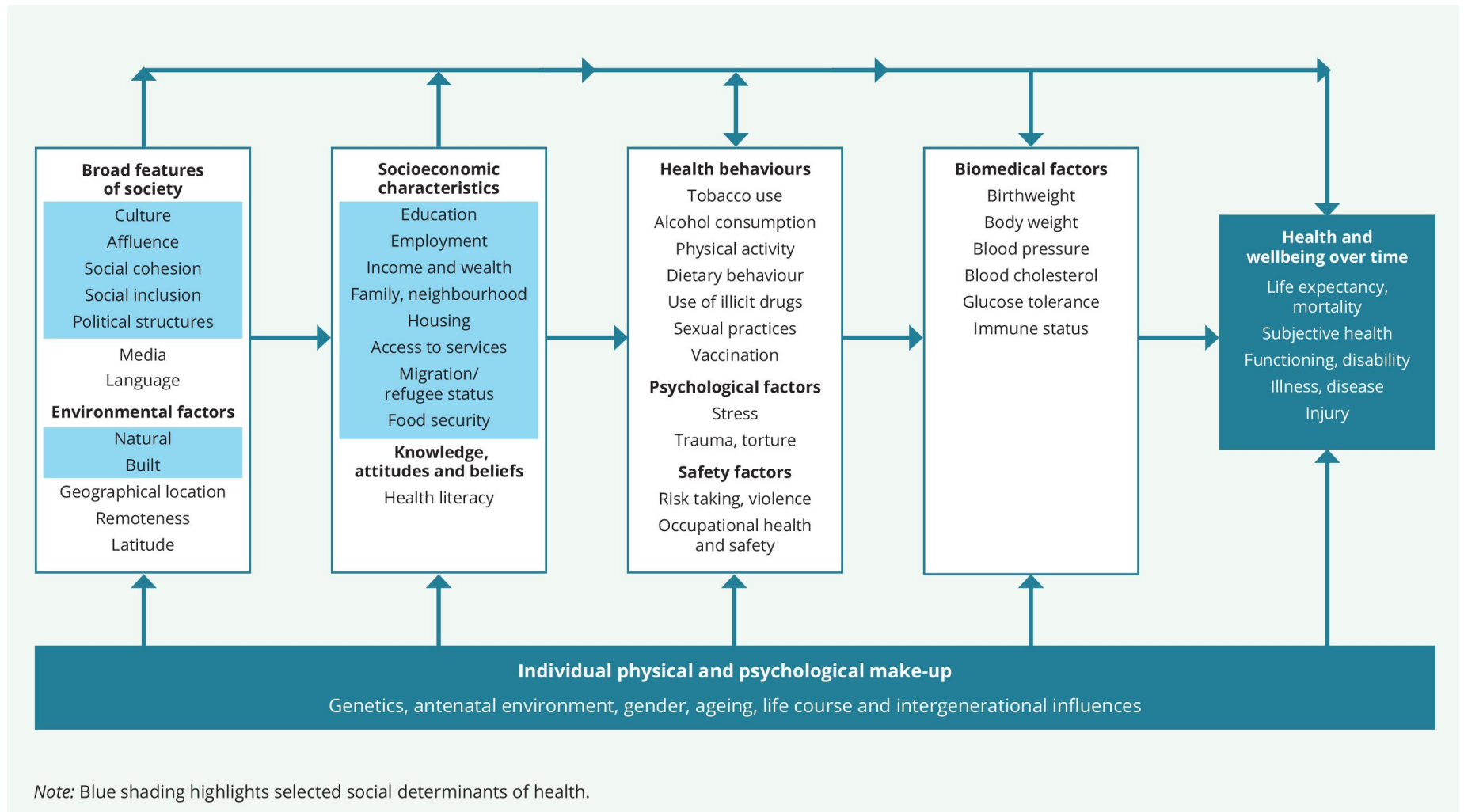
Conceptual Framework for Determinants of Health

The conceptual framework outlined below in Table 2 was developed by the Australian Institute of Health and Welfare. The framework outlines the various factors that influence health, also called determinants of health. It builds on the previous health promotion plan's summary of approaches to health promotion.

Many factors influence how healthy we are. Some of these are on the individual level such as health behaviours, genetic make-up and blood levels of different chemicals while others are at a broader level, such as the availability of health screening and treatment services, vaccination programs and a healthy environment. Collectively these factors have been termed determinants of health. It is important to understand that health and wellbeing is the product of a combination of all these factors and is not solely about individual health-related behaviours.

A “systems” approach needs to be taken when considering options for addressing a particular health and wellbeing need rather than just aiming for individuals to change their health-related behaviours. Factors from each of the areas described in Table 1 have been taken into consideration in formulating this plan.

Table 2: A Conceptual Framework for Determinants of Health



Source: AIHW 2012. Risk factors contributing to chronic disease. Cat. no. PHE 157.

Focus Areas

The Norfolk Island Community Health Promotion Plan (2022-25) will continue to display activities based on life stages as well as a whole of community area. This has proven to be a useful and easy to understand approach. Many of the actions will continue from earlier years with some adjustments made each year.

Although the plan has a three year timeframe the actions will be detailed on a (financial) yearly basis. This will allow flexibility in implementation over the three year period. The plan is a living document and will be updated as required if any additional areas are identified as high priority to the community. The focus areas are:

- 1. Children, Young People and Families**
- 2. Adults**
- 3. Older people**
- 4. Whole community**

There will be some overlap between the health promotion actions listed under each of these focus areas. In most cases the activities will be based on or directly linked to existing evidence based programs or campaigns from Australia or internationally. Some programs are tailored to the Norfolk Island context, incorporating the Island's unique culture and heritage.

The lead agency/agencies are indicated. Where the lead agency is not NIHRACS, the Health and Wellbeing Team will seek updates as to progress of the action but will not be responsible for reporting back in detail to NIHRACS and the Primary Health Network on that action.

Action Plan: July 2023- June 2024

| Category | Project | Key components | Timeframes | Lead Agency | Other Agencies | Progress at end June 2023 |
|----------------------------------|--|--|--|--|-------------------|--|
| Children, Young People, Families | 1.0 Sexual Health | 1.1 Continue condom supply in accessible locations 1.2 Respectful Relationships, Lovebites Program | Ongoing | Health and Wellbeing (H&W) NI Central School (NICS) | NIRC WAGNI | Condom vending machines continue to be utilised. H&W have purchased the machines rather than renting them. |
| | 2.0 Skills development and wellbeing programs for young people | 2.1 Children’s Holiday Wellbeing Program each school holidays | School holidays | NI-Connect | | Program is conducted for approximately eight days, four times per calendar year in school holidays |
| | | 2.2 Norfolk Island Youth Wellbeing Strategy and associated programs to be developed through broad consultation and co-design process with young people. 2.3 Wellbeing/recreational activities - weekly social basketball – targeted at children | Strategy development July 22 – Jan 2023 Ongoing | NI-Connect NI-Connect | | Strategy in development Court has not been available due to works occurring. Will reconsider starting again after football/netball season |

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| | | and young people but includes adults. | | | | |
| | | 2.4 Weekly breakfast club | Ongoing | NI Connect | NICS | Breakfast club continued on Wednesday mornings, well attended (average 50-70) by children and young people |
| | | 2.5 Weekly afterschool Wellbeing/Learning Hub | Ongoing | NICS/NI Connect | | Ceased drop in but planned meetings with children and young people to provide support continue |
| | | 2.6 Counselling Children, young people and parents can access individual Social Work counselling for a range of needs | Ongoing | NI Connect | | New (to Plan) |
| | 3.0 Support Antenatal, Postnatal and Child Health Services | 3.1 Parent bags 3.2 Pregnancy, Birth and Beyond program 3.3 Antenatal Education Program | Ongoing | NIHRACS Anglicare St John Ambulance NIHRACS - Midwife | GPs NI-Connect NIHRACS staff | No requests for more bags Ongoing service by Anglicare |
| | 4.0 Continue NI Active Kids Program | 4.1 NI Active Kids | Continuing in 23/24 | H&W | NI-Connect NICS Sporting and other activity based clubs | NI Active Kids continues to be well supported with 174 vouchers issued between Jan and June 2023. Evaluation in progress for 22/23 financial year. |

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| | 5.0 Parenting Programs | 5.1, Tuning into Teens (TINT) (link with AOD activities) and Tuning into Kids | 23/24 | H&W/NI-Connect | NI-Connect NIHRACS – child health nurse H&W Anglicare | TINT conducted jointly by H&W and NI Connect in Feb 2023 with 16 participants. |
| | 6.0 Family focussed programs | 6.1 Domestic and Family Violence – emergency accommodation and support services | 22/23 Ongoing | Community members with interest in these programs NI Connect | H&W NI-Connect Anglicare WAGNI MHAG Police NIHRACS WAGNI Anglicare | No update NI-Connect continue to work with a working group of stakeholders on updating policy and procedures and developing information for community members and other professionals. Counselling provided |
| | 7.0 Youth Mental Health | 7.1 Youth Mental Health First Aid Program | Twice/year | YMHAG | H&W | New activity |

| Category | Project | Key components | Timeframes | Lead Agency | Other Agencies | Progress at end June 2023 |
|----------|---------------------------|--|---|---|---|--|
| Adults | 8.0 Healthy Men's program | 8.1 Men's Health Checks – GP Clinic or Community, promotion during Men's Health Week. | Men's Health Week June 2024 | H&W and GP Clinic | St John Ambulance NIHRACS Physio Workplaces Volunteers Sporting Clubs Men's Shed Churches | Health checks completed at local shopping centre – 30 participants. Visiting GP undertook extra Men's Health checks, community presentation and sponsored sporting events. |
| | 9.0 Mental Health | 9.1 Mental Health First Aid Training 9.2 Investigate other Mental Health awareness activities including stress management and resilience building 9.3 Psychological First Aid (PFA) and disaster preparedness 9.4 Group-based mental health and wellbeing services under Medicare | At least once times/year Ongoing | MHAG H&W Red Cross Chrysalis Wellness Services | MHFAA NIHRACS NI-Connect | MHAG continues to run MHFA programs using H&W Office as venue Mental Health conditions included as entry criteria for NICHE Program New (to Plan) New (to Plan) |
| | 10.0 Women's Health | 10.1 Explore various women's health activities, working with WAGNI | Ongoing | H&W WAGNI | NICS | WAGNI and H&W delivered a Food Literacy event with visiting expert for |

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| | | | | | | International Women's Day, 60 participants. |
| 11.0 Chronic disease primary and secondary prevention program | <p>11.1 Diabetes: ongoing screening, education sessions</p> <p>11.2 Healthy Lifestyle Programs - CHIP (SDA Church), await advice from BNPHN on My Health 4 Life.</p> <p>11.3 Heart Foundation Walking Group</p> <p>11.4 Other activity programs – (eg dance , singing programs)</p> <p>11.5 Other chronic disease awareness raising, linked to calendar</p> <p>11.6 Norfolk Is Community Health Empowerment (NICHE) program</p> | <p>Ongoing</p> <p>CHIP - April/May 2024</p> <p>Ongoing</p> <p>When instructors available</p> <p>Ongoing</p> <p>Reduced to 2 days/week</p> | <p>H&W</p> <p>SDA Church</p> <p>H&W</p> <p>H&W</p> <p>H&W</p> <p>H&W NICHE Coordinator</p> | <p>NIHRACS - GP Clinic, Nursing Staff,</p> <p>BNPHN SDA Church</p> <p>Heart Foundation</p> <p>Other businesses/providers Community Groups</p> | <p>Cardiac Rehab program on hold due to COVID-19 restrictions and lack of permanent Physio. Investigating linkage to My Health For Life Program (Qld) through BNPHN</p> <p>Walking Group ongoing, BBQ finally arrived (funded by small grant from Heart Foundation)</p> <p>Dance and singing for Health programs conducted with excellent feedback</p> <p>NICHE Program continuing with new Coordinator after at least 5 weeks break due</p> | |

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| | | | | | | to leave and recruitment issues. |
| | 12.0 Cancer Screening | 12.1 Breast Cancer screening 12.2 Promotion of awareness days/weeks/months | Ongoing, yearly | H&W NI Breast Screen Trust Fund GP Clinic | NIHRACS Social Worker WAGNI Sydney Breast Clinic | Breast Screen yearly visits occurred in Feb 2023 with good uptake Continuing promotion of awareness days/months etc through local paper and weekly email updates. |
| | 13.0 Mental Fitness Coaching Program Also relevant for Older People. *See Below for more information | 13.1 Self-directed learning packages (available with or without online coaching sessions); Face-to-face individual or group coaching (weekly, fortnightly, or monthly sessions); Intensive Coaching Retreat (10 hours) at Norfolk Island. | As per key components | Chrysalis Wellness Services | | No uptake by the local community |

*** Mental Fitness Coaching Program**

Mental fitness is the process of building up mental strengths in order to withstand, cope with, and grow from life’s challenges. It takes personal development beyond the well-known construct of “resilience” which refers to “bouncing back” after adversities. Mental Fitness programs are broader in scope, encompassing the idea of post-traumatic growth or flourishing. It is a learned competency which is a product of the social, emotional, cognitive, and physiological capacities of a person or a group to cope successfully with individual or collective challenges.

Chrysalis Wellness Services offers various options for promoting Mental Fitness:

- Self-directed learning packages (available with or without online coaching sessions);
- Face-to-face individual or group coaching (weekly, fortnightly, or monthly sessions);
- Intensive Coaching Retreat (10 hours) at Norfolk Island.

In addition to the services offered to the community (i.e. Mental Fitness Coaching), Chrysalis Wellness Services also offer a consultancy service to individuals or organisations developing mental health education / promotion programs including designing service and program evaluations (quantitative and qualitative), and supervision for mental health service providers. This includes coaching in Applied Positive Psychology and Neuroscience.

Enquiries to Dr Kate Lemerle (Psychologist) on 02 9136 8013 (AUS) or 52112 (NI) or chrysalis54@inet.net.au

| Category | Project | Key components | Timeframes | Lead Agency | Other Agencies | Progress at end June 2023 |
|--------------|--------------------------------------|--|------------|-----------------------|---|---|
| Older People | 14.0 Dementia Support Awareness | 14.1 Ongoing visits by Dementia Support Australia (DSA) | Ongoing | NIHRACS Social Worker | GP Clinic Care Norfolk NIHRACS - Allied Health and Residential Aged Care, Nursing Staff Community Pharmacy | No visits in reporting period |
| | 15.0 Garden Beds for Seniors Program | 15.1 Continue collaborative program to encourage seniors to grow veges | 23/24 | H&W | Rotary NI Garden Club NIBS Local gardening contractors National Parks | H&W Program Officer leading a new approach using a local contractor to construct raised garden beds using mainly recycled materials. NI Men's Shed not able to be involved. |

| Category | Project | Key components | Timeframes | Lead Agency | Other Agencies | Progress at end June 2023 |
|----------------------|---|---|---------------------------------------|-------------|---|---|
| Whole Community | 16.0 Health and Wellbeing Expo | 16.1 Plan for 2023 and 2024 Expos | August 2023 Planning for 2024 ongoing | H&W | All Health and Wellbeing agencies local and off island | Planning continuing for August 26 Expo |
| | 17.0 Skin Cancer Awareness and Prevention | 17.1 Ongoing promotion of skin checks - available all year | Ongoing | GP Clinic | School NIRC Community Groups | Ongoing |
| | | 17.2 Explore other programs, policies of relevance to Norfolk | 2023-24 | H&W | | No update |
| 18.0 Healthy Norfolk | 18.1 Community Program - Health Education sessions, linked to visiting clinicians | 18.2 Infection control – Flu vaccine promotion COVID-19 Vaccination program General infection control | Ongoing | H&W | Community Groups, Local businesses and chefs/cooks NIRC St John Ambulance School and other educational providers Police Men’s Shed Garden Club NI Connect | Two community education sessions (Vaping and Men’s Health) by visiting medical professionals. |
| | | | Yearly Ongoing | GP Clinic | | Ongoing promotion of vaccination activities. |
| | | 18.3 Healthy Cooking Demonstrations | Bi-monthly | H&W | Sporting Clubs Office of Administrator Volunteers | 2 Healthy Cooking Demos conducted, 53 participants |
| | | 18.4 Healthy Options Program | Ongoing | H&W | Local restaurants and cafes | 5 cafes/restaurants participating |

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|--|--------------------------------|---|-----------------------------|-------------------------------|--|---|
| | | <p>18.5 Continue "Te-gadda we ell" health promotion campaign - Facebook, email, radio and newspaper promotion</p> <p>18.6 Gardening Skills Program – Permaculture Design and Practice</p> | <p>Ongoing</p> <p>23/24</p> | <p>H&W</p> <p>H&W</p> | <p>Local Permaculture and other gardening experts</p> | <p>Te-gadda we ell health promotion campaign continues using Facebook, newspaper, Norfolk Online, website, email and radio.</p> <p>Permaculture 4 week intro program conducted in February – 11 participants, Topic specific sessions (3 sessions) – 69 participants.</p> |
| | 19.0 Smoking Reduction Program | <p>19.1 Smoking Cessation Clinic</p> <p>19.2 Continue to advocate for legislation change to increase cost of tobacco products to assist with reducing smoking rates</p> | Ongoing | H&W | <p>GP Clinic</p> <p>Visiting Respiratory team</p> <p>Dental Clinic</p> <p>Pharmacy</p> <p>NICS</p> <p>NIHRACS -</p> <p>Psychologist,</p> <p>Social Worker</p> <p>NIRC</p> <p>NDARC</p> | <p>Ongoing, more patients needed, continuing to promote to GPs. Difficult with number of short term locums.</p> <p>Await outcomes of NDARC research project, expected August 2023.</p> |

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| | 20.0 Implement alcohol and other drugs (AOD) prevention programs | 20.1 AOD Community Action Plan – target group young people. Continue Local Drug Action Team (LDAT) and implement programs as per Community Action Plans, including Tuning Into Teens Program and Beyond Norfolk Program to build resilience in young people leaving Norfolk for post school options | Ongoing | H&W NI-Connect NICS Other LDAT members | GP Clinic NIRC, Psychologists, Social Worker, Police Anglicare St John Ambulance YMHAG NICS Other LDAT members | Tuning Into Teens commenced in Feb (see above – 5.1) BNPHN provided funding to assist Beyond Norfolk program and significant planning and engagement work undertaken for CAP, now submitted. |
| | 21.0 Emily Bay Accessibility Program | 21.1 Continue Program in summer months | Ongoing (summer) | H&W | NIHRACS, Physio, Facilities Care Norfolk Volunteers Trainers | 8 sessions planned (in warmer weather) but due to weather and insurance issues only 1 conducted. We have 8 - 10 active participants |
| | 22.0 Sensory Room – Evidence based support of a range of sensory-affected conditions | 22.1 Start Sensory Room in new location (H&W office) | Ongoing | H&W | Life Without Barriers NICS Care Norfolk NI Connect | Sensory room equipment now mostly moved back to H&W Office, now awaiting fire safety approval before promoting. |

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| | 23.0 Red Cross Emergency Services Community Engagement Volunteers Team Training. For more information see below* | 23.1 Volunteers help individuals, organisations and communities prepare for, respond to and recover from emergencies. | Twice yearly recruitment | Red Cross | | Recruitment for new volunteers took place during April/May with two new team members plus one community member completing the Psychological First Aid course. The team continues to advocate for updating of local disaster response planning and establishment of appropriate emergency sheltering facilities for the community. |
| | 24. Health Literacy and Food Literacy Programs | 24.1 Health Literacy – alignment with NIHRACS Strategic Plan partner with community and other agencies to develop a health literacy project plan and HL Plan 24.2 Food Literacy – in response to the Food Security Strategy, develop a community wide food literacy plan. Investigate research component | 23/24 | H&W Community NIHRACS Planning Manager Quality and Safety Med Super H&W/ Dietitian | NIHRACS, BNPHN, other agencies on and off island NIRC, Food, Farming Alliance, Sustainability Hub RDA, QUT | Planning work has commenced in both these areas. |

***Red Cross Emergency Services Community Engagement Volunteers Team**

Australian Red Cross Emergency Services Community Engagement Volunteers help individuals, organisations and communities prepare for, respond to and recover from emergencies. Working alongside our Red Cross Norfolk Island Branch, volunteers help the local community identify needs and opportunities for building community resilience and strengthening our capacity to cope with emergencies and disasters. Examples of our community activities include:

- Emergency preparedness workshops (e.g. RediPlan, PillowCase School Project);
- Community-Led Resilience Teams;
- Multi-Agency Disaster Response Activation Rehearsals.

Full training is provided locally and online, with volunteers attending regular skill drill sessions, as well as supporting Branch fundraising activities and other events to raise the profile of Red Cross and its humanitarian activities.

Recruitment intakes twice yearly. Contact Team Leader on 52112.

Communication Activities

It is important to use as many channels as possible to communicate the various health promotion messages and activities to the Community. The following avenues have been used successfully.

- Regular live radio interviews on various health promotion topics
- Through various community organisations/clubs
- Weekly newspaper updates as part of the NIHRACS weekly update
- Website updates in “News” section
- Weekly health and wellbeing updates by email to subscribed recipients
- Use of calendar of events on NIHRACS website
- Use of NI Health and Wellbeing Facebook page and sharing to other local Facebook pages (with high participation) to promote various health messages and community presentations.
- Other emerging communication options, eg explore possibility of a health message digital noticeboard.

Evaluation

Progress reports for BNPHN and other funding organisations are completed regularly and most programs are individually evaluated as they are implemented.

Additional Priority Areas

Although this and the previous health promotion plans aim to address the highest priority areas it is recognised that there are many other important areas requiring attention and resources. These are reviewed each year.

Appendix One: Consultation/Communication Summary

In addition to calls for input from the community through local media, the following agencies/groups were consulted or communicated with regarding the Norfolk Island Community Health Promotion Plan:

- The Health and Wellbeing Advisory Sub-Committee (of the Norfolk Island Community and Clinical Consultative Committee, CCCC)
- NIHRACS Governance Advisory Committee
- Care Norfolk
- Anglicare
- Norfolk Island Health and Residential Aged Care Services (NIHRACS), including the GP Clinic
- Mental Health Awareness Group
- Banyan Park
- Life Without Barriers
- ASSURIA
- Norfolk Island Regional Council (NIRC)
- Chrysalis Counselling & Coaching
- Norfolk Island Central School (NICS)
- Women's Advocacy Group, Norfolk Island (WAGNI)
- Brisbane North Primary Health Network (BNPHN)
- Metro North HHS
- Department of Infrastructure, Transport, Regional Development, Transport and The Arts
- Burnt Pine Pharmacy
- St John Ambulance, Norfolk Island
- NI-Connect and Key Assets
- Kym Buffett