



LinkWell Referral Form

About the LinkWell Pilot Program

The LinkWell Pilot Program is a free service provided by the NIHRACS Health and Wellbeing team. It uses a Social Prescribing approach to help people connect with their local community. Social Prescribing is a way of linking participants with their preferred groups within the Community. It will facilitate the process of participants joining a club and/or partaking in social groups and activities. The aim of the program is to increase participants' overall wellbeing through greater social connections.

The LinkWell Program is for people 18 years old and above who:

- May be new to the Island
- May have lost touch with friends and/or family
- May experience barriers to getting out and about
- May feel nervous about meeting new people
- May not know what types of activities are available in their community
- May be experiencing social isolation and loneliness.

After you refer someone to the LinkWell program, a LinkWell Linker will meet with the person and:

- Explore what is important to them and what their goals are related to social connections
- Identify the local activities and social groups they might benefit from
- Support and encourage participants to link with groups/clubs/activities they might enjoy

Referrer Details	
Referrer name:	Best contact details (of referrer):
Date of Referral:	
LinkWell participant details	
Name:	DOB:
Address:	Phone number: Email address:
Participant consent	
Please confirm that the person has consented to the referral and for their details to be passed onto the LinkWell Linker	<input type="checkbox"/> Yes