

List of activities



Health & Wellbeing						
Activity	Contact Name	Phone number	Email	Cost	Time & Address	Other information
Yoga Practitioners	Sarah Quintal	53953		Call for cost	Call for appointment & address	
Yoga Practitioners	Candida Langman	50811		Call for cost	Call for appointment & address	
Massage Practitioners	Lou Donald	23181/51181		Call for cost	Call for appointment & address	
Island Skin & Beauty	Megan Schmitz	50168	islandskinbeauty@gmail.com	Call for cost	Call for appointment & address	Website www.islandskinandbeauty.com.au
Worthy Skin & Beauty	Jessica Bosley	50976	info@worthyskinandbeauty.com.au	Call for cost	Call for appointment & address	Website https://worthyskinandbeauty.com.au/
Gym/Pilates	Kay Taylor	52809		Call for cost	Call sessions times The Village	
Pilates	Saara Hassenin	54221	norfolkstudioyou@gmail.com	Call for cost	Call sessions times & venue	https://app.classfit.com/Studio/StudioYou https://norfolkislandhealthcollective.com/
PEMF Therapy Norfolk Island	Malcolm Dowling	52337		Call for cost	Call for appointment & address	
Yoga Therapist, Meditation Teacher, Trauma-Informed Yoga Teacher	Natasha Arnold	53018	auraville-ni@proton.me	\$25.00 per person	Weekly classes. Please email for details.	Facebook page: https://www.facebook.com/Auraville.NorfolkIsland

This information was correct as of 3 June 2026 and is subject to change